



THE ADVOCATE



THE OFFICIAL PUBLICATION OF
TEXAS NURSES ASSOCIATION, DISTRICT 9

A WORD FROM THE PRESIDENT DR. NANCY YUILL, PH.D., RN

TNA D9 SUPPORTING ANA CODE OF ETHICS WITH WORD OF THE MONTH:

The TNA D9 Bylaws, state that the Subdistrict functions are to:

- a. Promote at the community level and through appropriate means standards of nursing practice, nursing education and nursing services as established by the American Nurses Association (ANA);
- b. Ensure adherence to the Code of Ethics for Nurses established by ANA;
- c. Support the legislative, practice and education programs of TNA and ANA;
- d. Promote research in nursing, disseminate research findings, and encourage the use of knowledge as a basis for nursing;
- e. Serve as the local spokesperson for TNA and nursing;
- f. Promote and protect the economic and general welfare of nurses;
- g. Promote and provide for the continuing professional development of practitioners;
- h. Provide TNA local nursing input on issues



To promote adherence to ANA's Code of Ethics, I am sharing the "Word of the Month" to reflect on an ethical principle, one of the 8 Codes that relates to the principles, and how nursing practice reflects the Code and principle.

The Word of the Month is "nonmaleficence", which means "do no harm." ANA Code 3 is based on this principle-- "The nurse promotes, advocates for, and protects the rights, health, and safety of the patient."

According to the Texas Nursing Practice Act (Texas Administrative code 217.11), nurses are required to assess the patient and prevent complications. An example of upholding ethical and legal practice is nurses assessing heart and lung sounds as well as potential bleeding sites when a patient is recovering from a cardiac catheterization. Violation of the ethical principle and code as well as the NPA would be not assessing the patient's heart and lung sounds and having the patient expire from cardiac tamponade following recovery and transfer to a regular cardiac unit.

Restoration of ethical and legal practice in such a situation would include:

- Nurses reporting the error of failing to properly assess the patient;
- The team reviewing the case and examining the system's policies and procedures and making recommendations for improvement;
- Initiating standard of care following cardiac catheterization which includes assessing heart and lung sounds;
- Setting expectations that all nurses in the post-catheterization recovery unit possess stethoscopes; and
- Educating all nurses on changes in heart and lung sounds that are symptoms of complications from the procedures.

The Nurses' duty to protect the patient from harm, includes promoting a culture of safety based on trust in each other and in the system.

MEMBERSHIP CORNER

For TNA D9 to promote research in nursing, disseminate research findings, and encourage the use of knowledge as a basis for nursing, undergraduate and graduate students are invited to present synopses of their quality improvement projects and research as part of each monthly meeting.



Brandi Showalter,
Ph.D., RN, CCRP

TNA D9 recognizes **Dr. Brandi Showalter** for her presentation of her research on “Moral Distress in Clinical Research.” Dr. Showalter received a TNA D9 grant in 2019 in support of her research. On September 13, 2022, she presented the results of her study to the Board of Directors and members as part of the monthly meeting.

Dr. Showalter is an Assistant Professor, Clinical at Cizik School of Nursing in the Undergraduate Department at University of Texas -HSC in Houston.

Congratulations, Dr. Showalter, on promoting nursing research and encouraging use of research to enrich the standards of practice for nursing.

Let's give kudos as well as thanks to **Dr. Lucindra Campbell-Law**, who shared her leadership journey during the October “Dialog with the Expert.”

Dr. Campbell-Law is a Professor and Divisional Dean of Graduate Programs at the University of St. Thomas, Peavy School of Nursing. She is currently the PSON, Cullen Trust Endowed Faculty for Healthcare. Dr. Lucindra Campbell-Law spearheads the Psychiatric Mental Health Nurse Practitioner (PMHNP) program track as the Project Developer and Director.

Dr. Campbell-Law's area of research includes dual diagnoses (bipolar disorder, major depression and substance abuse) and is a much sought after expert on topics dealing with mental illnesses among underserved populations. She is well known for her work with the mentally ill and has a proven record of publications and presentations on mental illness in underserved populations.



Lucindra
Campbell-Law,
Ph.D., APRN, ANP,
PMHCNS, BC

MEMBERSHIP CORNER



**Clayton Collins,
MSN, RN, CPN**

Clayton Collins is presenting his leadership journey on November 17.

Mr. Collins started his nursing career as a Pediatric Intensive Care Unit nurse at the Galveston Shriners hospital. He became the Clinical Education Coordinator shortly after completing the RN-BSN track program at the University of Texas Medical Branch (UTMB) School of Nursing.

After a fulfilling career as the hospital educator at Shriners, he transitioned to a clinical educator role with the Nursing Education and Advancement Resources (NEAR) team at UTMB. He is an Eagle Scout and has served on the Camp Janus board of directors for the last ten years as secretary. He has been recognized in the Galveston Daily News 40 Under 40 feature.

NURSES NOTES

In October, the entire nursing community was shocked and saddened by the death of nurses in Dallas. TNA D9 supports Texas Nurses Association statement in relation to this event:

Nurses Association Responds to Methodist Hospital shooting.

"Our hearts are broken," said Dr. Serena Bumpus, RN, CEO of the Texas Nurses Association. "These are our colleagues and friends. The entire TNA family grieves this loss and we extend our condolences to the families and coworkers of the victims."

"This is unacceptable," said Bumpus. "No person should fear for their life for merely going to work, especially a nurse or healthcare worker whose passion is to help others heal. We hope our legislators understand that we need to protect our healthcare workers."

TNA, in coalition with other nursing and healthcare organizations have made curtailing workplace violence a priority in previous legislative sessions with little success. It has already been established as a top priority for the approaching 88th legislative session.

Incidents of workplace violence have been steadily increasing since before the pandemic, and the rate of 12.7 violent events per 10,000 full-time workers is about three times greater for RNs than all other professions, according to the U.S. Bureau of Labor Statistics. A recent Press Ganey report showed that, on average, two nurses were assaulted every hour in the second quarter of 2022. That translates to about 57 assaults per day across the U.S.

"As the Dallas Police Department and Methodist Hospital investigate this incident we stand in unity with the victims and all those affected by this tragedy and ask that the community come together in support of our nurses at this time," said Bumpus.

THE VOICE OF NURSES

For TNA D9 to support the TNA legislative agenda, serve as the local spokesperson for TNA and nursing; promote and protect the economic and general welfare of nurses; provide TNA local nursing input on issues, TNA D9 is proud to partner with and support the Texas Silver Haired Legislature 2021-2023 Legislative Report . Former TNA D9 President, Viola Hebert, RN, BSN, MA wrote Resolution R008 that the Texas Health and Human Resources establish full practice authority (FPA) for Advanced Practice Registered Nurses (APRNs). R008 has been submitted for consideration by the Texas State Legislature when they go into session this coming spring. We encourage TNA D9 members to have conversations with and send emails and letters to elected representatives to support this extremely important resolution.

R008 is in the top 10 priorities for the Texas Silver-Hair Legislature group. R008 is a resolution to address Texans' need for:

- Efficient access to comprehensive,
- Cost-effective care,
- Shorter wait times for care, and
- Improved health outcomes

by allowing APRNs to utilize their knowledge, skills, and judgment to practice to the full extent of their education and training as mandated by statute.

R008 reads as follows:

WHEREAS, Texas has 172 counties classified as non-metropolitan or rural. Census reports indicate multifactor trends are driving the aging of rural communities. Older adults consistently represent an increasing percentage of rural populations over urban populations. The more rural the community, the harder it is to find people of caregiving age, whether family caregivers or paid aides. Thus, older adults face distinct healthcare and other challenges in these underserved areas; and,

WHEREAS, In 2017, Texas was ranked 34th healthiest state, and in 2021 that rank dropped to 42nd in health system performance. Studies show that in FPA states, APRNs are more likely to practice in rural and underserved areas and have improved the APRN workforce recruitment while meeting the highest care quality and safety standards. States that restrict or reduce APRNs' ability to practice according to their abilities through limiting licensure authority are more closely associated with geographic healthcare disparities, higher chronic disease burden, primary care shortages, higher costs of care, and lower standing on national health rankings. Removing barriers, such as delegation agreements with physicians, will allow APRNs to take on the challenge, work as respected and valued members of the healthcare team with physicians, and ease some of the many stresses of the healthcare system; and,

WHEREAS, nearly half the United States, as well as the U.S. Department of Veterans Affairs and all branches of the military, have permanently done away with this requirement. Decades of peer-reviewed studies have found that APRNs improve access to healthcare and have similar or better results for the conditions they treat when compared to physicians;

Now, therefore, be it RESOLVED, That the 19th Texas Silver-Haired Legislature strongly recommends that the 88th Texas Legislature amends relevant portions of the State's Occupations Code by removing barriers, such as physician delegation requirements, which reduce or restrict the ability of APRNs to practice to the full extent of their training and education thereby granting APRNs Full Practice Authority under the exclusive licensure authority of the Texas Board of Nursing.

PASSED AND APPROVED on April 13, 2022, by the Health and Human Resources Committee.

STRATEGIC PLAN ACCOMPLISHMENTS

In September, the TNA D9 offices and Board of Directors met to update and enrich the Strategic Plan for the organization. One of the actions to promote TNA D9 Function “a. Promote at the community level and through appropriate means standards of nursing practice, nursing education and nursing services as established by the American Nurses Association (ANA)” is to collaborate with other organizations that provide care in the community as well as educational opportunities for nurses.

Thus, TNA D9 partners with the Harris County Domestic Violence Coordinating Council (HCDVCC) and collaborates with Thecia Jenkins, the Training Director. Ms. Jenkins and the Texas Forensic Nurses Association are planning a conference for TNA D9 for spring of 2023 on nurse recognition and management of care for persons experiencing domestic violence.

Ms. Jenkins recently published a newsletter on behalf of the HCDVCC recognizing the partnership with TNA D9.

TNA NEEDS OFFICERS AND BOARD OF DIRECTORS

Please consider running for one of the open positions for Texas Nurses Association:

- President-Elect/President/Immediate Past President, 4-year term, 2023-2027
- Secretary, 2-year term, 2023-2025
- Board Member At-Large, 2-year term, 2023-2025
- Board Member At-Large (Small District), 2-year term, 2023-2025
- Leadership Succession Committee Member, 2-year term, 2023-2025
- ANA Membership Assembly Representative, 1-year term 2023-2024

More details are available at <https://www.texasnurses.org/general/custom.asp?page=survey>

TNA D9 NEEDS YOU

Please consider running for one of the offices or BOD positions open for our district:

- President-Elect
- Secretary
- North Region Subdistrict Representative on the Board of Directors
- South Region Subdistrict Representative on the Board of Directors
- Board of Directors
- Nominating Committee

The bio data form will be posted on our website in the near future.

UPCOMING EVENTS

- **Dialog with the Expert featuring Clayton Collins** – Thursday, Nov. 17, 2022, 6:00-7:00 pm. Register at <https://www.betterunite.com/texasnursesassociationdistrict9-virtualdialoguewithanexpertseriesclaytoncollins>
 - **BOD meeting** – Tuesday, Dec. 6, 2022, 5:30-7:00 p.m. Register at <https://www.betterunite.com/texasnursesassociationdistrict9-december62022boardmeeting-virtual>
 - **Jurisprudence and Ethics for Texas Nurses** - Wednesday, Dec. 7, 2022, 5:00 - 7:15 p.m. Register at <https://www.betterunite.com/texasnursesassociationdistrict9-jurisprudence-december72022>
 - **GivingTuesday** - Nov. 29, 2022
 - **Nurse Day at the Capital** - Feb. 27-28, 2023
 - **Nurse Education Fair** - March 8, 5:00-8:00 p.m.
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What is Giving Tuesday?

GivingTuesday is a global generosity campaign. This year, our goal is to raise \$1,000 in funds for an additional scholarship or grant at Nursing Celebration 2023. Donations will benefit the Texas Nurses District 9 Foundation, and are tax-deductible.

On November 29, we will launch our campaign on our Facebook, Twitter, Instagram, and LinkedIn accounts. Please consider sharing to your social media sites. Thank you for your support to ensure a successful campaign!



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TNA D9 OFFICERS

Nancy Yuill, President
Renae Schumann, Past-President
Marco Ollervides, President-Elect
Rosemary Pine, Secretary
Sarah Hibbs, Treasurer

BOARD OF DIRECTORS

Lucindra Campbell-Law
Amanda Garey
Anita Harris
Edtrina Moss
Emily Weber

SOUTH REGION REPRESENTATIVE

Jacqueline Meyer

NORTH REGION REPRESENTATIVE

Aletha Savage

MISSION

Texas Nurses Association, District 9 is an organization that strives to provide forums for the exchange of ideas, viewpoints, education and dissemination of information about professional nursing and health-related legislation.

VISION

Texas
Nurses
Advancing
eD9ucation and
Advocacy through
Collaboration and
Teamwork

GOAL

Our primary goal is to: Ensure that professional registered nurses have opportunities to collaborate, learn about and impact the professional nursing environment.

