INSTITUTE FOR SPIRITUALITY AND HEALTH AT THE TEXAS MEDICAL CENTER

PRESENTS THE

22nd Annual Nursing Conference

Friday, October 17, 2014

Fostering a Therapeutic Presence in the Digital Age

Opportunities and Challenges

Funded in part by

John P. McGovern Foundation and Texas Children’s Hospital
The Institute for Spirituality and Health has affirmed the values of faith, spirituality and compassion for the benefit of patients, families and healthcare providers for over 59 years.
Cindy Wigglesworth, MA founded her business, Deep Change, in 2000 after working at ExxonMobil for 20 years in Human Resources management. She teaches leadership development and focuses on the multiple intelligences required for success in our personal and professional lives. Cindy worked as the consultant with The Methodist Hospital in Houston, Texas to help them create a “spiritual environment of caring.” The Methodist Hospital received a 2002 International Spirit at Work Award in recognition of their sustained effort to integrate Spirit and Work and made the Fortune 100 Best Employers list based on the work Cindy assisted with on the I-CARE program.

Bonnie K. Webster MS, RN, BC, is a registered nurse with 36 years of continuous nursing experience with or in the pediatric health care areas. This experience includes pediatric clinical bedside care, nursing management/administration and nursing informatics all at Children’s Medical Center of Dallas. She began teaching pediatric nursing and nursing informatics courses to undergraduate nurses at Galveston College in 1999. In 2004, she became a member of the nursing faculty at the University of Texas Medical Branch School of Nursing where she continues to teach pediatric nursing and nursing informatics courses including both inpatient and outpatient experiences. She is board certified in nursing informatics and has had an active and diverse role in the implementation of the electronic health record in both the inpatient and the outpatient setting.

Bonnie K. Webster MS, RN, BC

Cindy Wigglesworth, MA, President of Deep Change

Being a Calming Human Presence in a High Technology Age

As a researcher in the field of Spiritual Intelligence, Cindy will describe a skill-based approach to maintaining inner and outer peace in the midst of the distractions and demands of high technology. Going one step beyond emotional intelligence, our spiritual intelligence skills keep us from getting caught up in drama, or from forgetting the reason we went into nursing in the first place. Keeping focus on a higher purpose, we can learn to take care of ourselves and others. We can learn to find a space of inner peace which will radiate outwards to help calm others.

Maintaining the Art and the Caring of Nursing in the Evolving Technological Age

The use of technology has now gone beyond the sophisticated diagnostic tools to a more common use at the direct patient care level at the bedside. Technology in health care is here to stay and as nurses and other care providers, a balance needs to be found in providing the personal care that patients expect and the utilization of the technology tools by the provider to assist with that care. Patients and care providers are adapting to the new concepts of caregiving technology to effectively use these tools as a means to an end and not as an end in itself.
CRITERIA

Spirituality
Demonstrates an awareness of the value of spirituality in healthcare.

Compassion
Demonstrates empathy with regard to all levels of diversity in others.

Communication
Demonstrates the ability to communicate to their relative community the value of respecting the spiritual beliefs and practices of others.

Commitment
Devotes self to the caring of body, mind and spirit.

Emma Josephine Loeffelholz McMorris
lived a vibrant life for 35 years, but the advances in early detection of breast cancer were not available in 1958 when she passed away one month after diagnosis.

As a young woman, Emma was a bright scholar, a tennis player and loved the Opera, performing in her high school Operetta in 1938. She was a 1943 graduate of the school of nursing at St. Anthony's Hospital, Oklahoma City, Oklahoma and served as a member of the Oklahoma Nurses Association and a member of the Beta Sigma Phi Sorority. With the call for nurses during World War II, Emma willingly contributed her skills by joining and serving as an Ensign in the Navy Nurses Corps in the Naval Hospital at San Diego, California from November, 1944 to January, 1946. It was there, while caring for the wounded soldiers, she met Marine Sgt. Sheridan Andrew McMorris, who she married. Emma and Sheridan settled in Boulder, Colorado and she was active in the Altar Society and the Christian Family movement of their church, Sacred Heart of Jesus.

To their six children and the many other lives she touched, Emma's legacy is effervescence for life in tandem with a deep devotion for religion, spiritual care and caring for others. Emma's love for God and nursing are intertwined in her daughter, AnneMarie McMorris Wallace's memories. She recalled her mother being the first person to lift her up as a child and pray with her while placing bandages on her tricycle-torn elbows and knees! AnneMarie says, "My mother's presence was one of amazing, gentle grace that filled my soul and created lasting sacred moments that began a life-long yearning for God."

Ms. Wallace believes her mother would want to honor the profession of Nursing as it so often is the gentle listening ear that patients turn to as they cope with the processes of illness and healing—processes that frequently draw upon the spiritual longings of the soul. Awareness and valuing the spiritual side of a patient's journey will allow nurses to hear expressions of spiritual longings and make referrals for spiritual care, thereby providing more holistic caring moments for patient and healthcare professional alike.

Congratulations to the nominees and finalists and blessings upon each of you in your nursing careers.

Chaplain AnneMarie Wallace

Emma Josephine Loffelholz McMorris
RN SPIRITUALITY AWARD

Provide 4.75 contact hrs. of Nursing CE. You must attend the entire program. No partial credits will be given.

Make payments to: $85.00 per person – All-day Conference
Institute for Spirituality and Health (ISH) $35.00 per student – ID required
8100 Greenbriar, Suite 220 To pay by credit card register online at:
Houston, Texas 77054 www.ish-tmc.org

Fee includes light breakfast, box lunch, free parking and CEUs.
Parking is across the street from St. Paul's.

For special dietary preferences, contact ISH at 713.797.0600 or jdoctor@ish-tmc.org

ACCREDITATION FOR CONTINUING EDUCATION CREDITS
The University of Texas Houston Health Science Center at Houston School of Nursing is an approved provider of continuing nursing education by the Texas Nurses Association, an accredited approver by the American Nurses Credentialing Center’s Commission on Accreditation.

The Institute for Spirituality and Health does not discriminate on the basis of race, color, national origin, sex, religion, disability or age in admissions to our programs, activities or employment.
22nd Annual Nursing Conference

Friday, October 17, 2014