

INSTITUTE FOR SPIRITUALITY AND HEALTH AT THE TEXAS MEDICAL CENTER

PRESENTS THE

22ND ANNUAL NURSING CONFERENCE

FRIDAY, OCTOBER 17, 2014



FOSTERING A THERAPEUTIC PRESENCE IN THE DIGITAL AGE

OPPORTUNITIES AND CHALLENGES

FUNDED IN PART BY

JOHN P. MCGOVERN FOUNDATION AND TEXAS CHILDREN'S HOSPITAL

FOSTERING A THERAPEUTIC PRESENCE IN THE DIGITAL AGE

OPPORTUNITIES AND CHALLENGES

COLLABORATORS

Harris Health System Ben Taub	Anitra K. Thomas, MSN, RN-BC, NE-BC Nurse Clinical Manager, Orthopedic Surgical Services
MD Anderson Cancer Center	Kay Swint, MSN, RN, CHPN Director of Nursing Programs
Texas Children's Hospital	Cynthia Browder, MSN, RN, CPN Staff Nurse Inpatient Rehabilitation Unit
Texas Woman's University Nelda C. Stark College of Nursing	Anne Koci, PhD, RN, FNP-BC, WHNP Professor
Houston Methodist	Ladona Cook, MSN, RN, OCN Nurse Specialist – Education
University of Texas Health Science Center at Houston School of Nursing	Vaunette Fay, PhD, RN, FNP-BC Professor of Clinical Nursing
Baylor St. Luke's Medical Center	Sharon Greene, MSN, RN, GERI-BC Education and Quality Specialist
Prairie View A&M University College of Nursing	Forest Smith, PhD Director, Admissions and Student Services
UTMB Health	Bonnie Webster, MS, RN, BC Associate Professor – Baccalaureate Program School of Nursing



AGENDA

St. Paul's Methodist Church, Fondren Hall
5501 Main Street, Houston, Texas 77004

8:00 AM

Registration – Networking and Light Breakfast

8:25 AM

Welcome: John K. Graham, MD, DMin
President and CEO, Institute for Spirituality and Health

8:30 AM

Cindy Wigglesworth, MA
“Being a Calming Human Presence in a High Technology Age”

10:00 – 10:15 AM BREAK

10:15 – 11:45 AM

Bonnie Webster, MS, RN, BC
“Maintaining the Art and the Caring of Nursing in the Evolving Technological Age”

11:45-12:00 PM

Discussion

12:00-1:00 PM LUNCH

1:00-2:30 PM

Panel Discussion: *High Touch in a High Tech Environment*
Moderator: Kelly Brassil, PhD, RN, AOCNS, ACNS-BC, CNL
M.D. Anderson Cancer Center
Panelists: Ladona Cook, MSN, RN, OCN – Houston Methodist
Dr. Vivian Dawkins, Adjunct Associate Professor,
Prairie View A&M University, College of Nursing
Bola Toriola, BSN – Harris Health System Ben Taub
Janet Yon, BSN, RN – Baylor St. Luke's Medical Center

2:30 – 3:15 PM

Spirituality Awards: AnneMarie Wallace
In Memory of Emma Josephine Loeffelholz McMorris, RN

3:15-3:30 PM

Certificate of Attendance
Please Complete and Hand in Evaluations at the Door to Receive Certificates

BONNIE K. WEBSTER

MS, RN, BC, Board Certified in Nursing Informatics



Bonnie K. Webster MS, RN, BC is a registered nurse with 36 years of continuous nursing experience with or in the pediatric health care areas. This experience includes pediatric clinical bedside care, nursing management/administration and nursing informatics all at Children's Medical Center of Dallas. She began teaching pediatric nursing and nursing informatics courses to undergraduate nurses at Galveston College in 1999. In 2004, she became a member of the nursing faculty at the University of Texas Medical Branch School of Nursing where she continues to teach pediatric nursing and nursing informatics courses including both inpatient and outpatient experiences. She is board certified in nursing informatics and has had an active and diverse role in the implementation of the electronic health record in both the inpatient and the outpatient setting.

Maintaining the Art and the Caring of Nursing in the Evolving Technological Age

The use of technology has now gone beyond the sophisticated diagnostic tools to a more common use at the direct patient care level at the bedside. Technology in health care is here to stay and as nurses and other care providers, a balance needs to be found in providing the personal

care that patients expect and the utilization of the technology tools by the provider to assist with that care. Patients and care providers are adapting to the new concepts of caregiving technology to effectively use these tools as a means to an end and not as an end in itself.

CINDY WIGGLESWORTH

MA, President of Deep Change



Cindy Wigglesworth, MA founded her business, Deep Change, in 2000 after working at ExxonMobil for 20 years in Human Resources management. She teaches leadership development and focuses on the multiple intelligences required for success in our personal and professional lives. Cindy worked as the consultant with The Methodist Hospital in Houston, Texas to help them create a "spiritual environment of caring." The Methodist Hospital received a 2002 International Spirit at Work Award in recognition of their sustained effort to integrate Spirit and Work and made the Fortune 100 Best Employers list based on the work Cindy assisted with on the I-CARE program.

Being a Calming Human Presence in a High Technology Age

As a researcher in the field of Spiritual Intelligence, Cindy will describe a skill-based approach to maintaining inner and outer peace in the midst of the distractions and demands of high technology. Going one step beyond emotional intelligence, our spiritual intelligence skills keep us from getting caught up

in drama, or from forgetting the reason we went into nursing in the first place. Keeping focus on a higher purpose, we can learn to take care of ourselves and others. We can learn to find a space of inner peace which will radiate outwards to help calm others.

Emma Josephine Loeffelholz McMorris

RN SPIRITUALITY AWARD



CRITERIA

SPIRITUALITY

Demonstrates an awareness of the value of spirituality in healthcare.

COMPASSION

Demonstrates empathy with regard to all levels of diversity in others.

COMMUNICATION

Demonstrates the ability to communicate to their relative community the value of respecting the spiritual beliefs and practices of others.

COMMITMENT

Devotes self to the caring of body, mind and spirit.

Emma Josephine Loeffelholz McMorris

lived a vibrant life for 35 years, but the advances in early detection of breast cancer were not available in 1958 when she passed away one month after diagnosis.

As a young woman, Emma was a bright scholar, a tennis player and loved the Opera, performing in her high school Operetta in 1938. She was a 1943 graduate of the school of nursing at St. Anthony's Hospital, Oklahoma City, Oklahoma and served as a member of the Oklahoma Nurses Association and a member of the Beta Sigma Phi Sorority. With the call for nurses during World War II, Emma willingly contributed her skills by joining and serving as an Ensign in the Navy Nurses Corps in the Naval Hospital at San Diego, California from November, 1944 to January, 1946. It was there, while caring for the wounded soldiers, she met Marine Sgt. Sheridan Andrew McMorris, who she married. Emma and Sheridan settled in Boulder, Colorado and she was active in the Altar Society and the Christian Family movement of their church, Sacred Heart of Jesus.

To their six children and the many other lives she touched, Emma's legacy is effervescence for life in tandem with a deep devotion

for religion, spiritual care and caring for others. Emma's love for God and nursing are intertwined in her daughter, AnneMarie McMorris Wallace's memories. She recalled her mother being the first person to lift her up as a child and pray with her while placing bandages on her tricycle-torn elbows and knees! AnneMarie says, "My mother's presence was one of amazing, gentle grace that filled my soul and created lasting sacred moments that began a life-long yearning for God."

Ms. Wallace believes her mother would want to honor the profession of Nursing as it so often is the gentle listening ear that patients turn to as they cope with the processes of illness and healing—processes that frequently draw upon the spiritual longings of the soul.

Awareness and valuing the spiritual side of a patient's journey will allow nurses to hear expressions of spiritual longings and make referrals for spiritual care, thereby providing more holistic caring moments for patient and healthcare professional alike.

Congratulations to the nominees and finalists and blessings upon each of you in your nursing careers.

Chaplain AnneMarie Wallace

REGISTER HERE FOR THE 22ND ANNUAL NURSING CONFERENCE

St. Paul's Methodist Church, Fondren Hall

5501 Main Street, Houston, Texas 77004

October 17, 2014

8:00 AM – 3:30 PM

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CUT AND DETACH ON DOTTED LINE

Provides 4.75 contact hrs. of Nursing CE. You must attend the entire program. No partial credits will be given.

Make payments to:

Institute for Spirituality and Health (ISH)
8100 Greenbriar, Suite 220
Houston, Texas 77054

\$85.00 per person – All-day Conference

\$35.00 per student – ID required

To pay by credit card register online at:

www.ish-tmc.org

Fee includes light breakfast, box lunch, free parking and CEUs.

Parking is across the street from St. Paul's.

For special dietary preferences, contact ISH at 713.797.0600 or jdoctor@ish-tmc.org

ACCREDITATION FOR CONTINUING EDUCATION CREDITS

The University of Texas Houston Health Science Center at Houston School of Nursing is an approved provider of continuing nursing education by the Texas Nurses Association, an accredited approver by the American Nurses Credentialing Center's Commission on Accreditation.

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