

## **Malnutrition in the Obese Patient: Recognition, Management & Evidence Based Practice Across the Continuum of Care**

*Presented by: Martina Cartwright, PhD, RD*

This program will explain the malnutrition-obesity paradox and how it impacts hospital admission. The presenter will describe the unique challenges obese surgical and critically ill patients pose, in addition to common myths regarding nutrition care of the obese patient and the concept of prehabilitation. Through case studies, attendees will learn how to develop nutrition care plans for the critically ill obese patient and obese surgical patient using evidence based practices that span the continuum of care. (Not for CE)

## **About the Speaker**

**Martina Cartwright** graduated from the University of Wisconsin with a doctorate in nutritional science and biomolecular chemistry; she is also a registered dietitian. Dr. Cartwright has more than 17 years of medical education, scientific research and clinical experience from academia and the pharmaceutical industry. Martina retains a clinical practice and teaches at the University of Arizona; she is also an expert contributor to Psychology Today online and has published several peer reviewed manuscripts.

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**@ Houston Methodist Research Institute  
John F. Bookout Auditorium**

6670 Bertner Ave, Houston, TX 77030

*Tuesday, September 19, 2017*

### **INTENDED AUDIENCE:**

MDs, RDs, RNs, & CCMs

### **REGISTER ONLINE:**

<https://abbottnutrition.meintl.com/rsvp.aspx?ProgramID=4005752-SN02-17>

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