

INSTITUTE FOR SPIRITUALITY AND HEALTH AT THE TEXAS MEDICAL CENTER

PRESENTS THE

24TH ANNUAL NURSING CONFERENCE

FRIDAY, OCTOBER 14, 2016

Dying Well?

Ethical, Spiritual and
Legal Dimensions
of End of Life Care

FUNDED IN PART BY JOHN P. MCGOVERN FOUNDATION

Dying Well?

Ethical, Spiritual and Legal Dimensions of End of Life Care

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The Institute for Spirituality and Health has affirmed the values of faith, spirituality and compassion for the benefit of patients, families and healthcare providers for over 60 years.

Agenda

St. Paul's Methodist Church, Fondren Hall
5501 Main Street, Houston, Texas 77004

7:30 AM – 8:00 AM

Registration – Networking and Light Breakfast

8:10 AM – 9:45 AM

Introduction of Keynote Speaker
Betty Ferrell, PhD, RN, MA, FAAN, FPCN
A Holistic Nursing Approach to End-of-Life Care

9:45 AM – 10:00 AM — BREAK

10:00 AM – 10:45 AM

Ann Colleen Jernigan, PhD, RN, AOCN
*Honoring Our Patient, Honoring Our Profession: Ethical Considerations
in End-of-Life Care*

10:45 AM – 11:30 AM

John K. Graham, MD, DMin
Final Transitions: Exploring Spiritual Considerations at the End of Life

11:30 AM – 12:15 PM — LUNCH

12:15 PM – 1:00 PM

Barbara Mancini, RN, MSN
Death, Dying & Decision Making: Legal Considerations at the End of Life

1:00 PM – 1:15 PM — BREAK

1:15 – 2:30 PM

Panel Discussion: *Nursing Considerations for End-of-Life Discussions
with Patients and Families*

Moderator: Kelly Brassil, PhD, RN, AOCNS, ACNS-BC

Panelists:

Betty Ferrell, PhD, RN, MA, FAAN, FPCN
John K. Graham, MD, DMin, Pres/CEO ISH
Ann Colleen Jernigan, PhD, RN, AOCN, MD Anderson Cancer Center
Barbara Mancini, RN, MSN, Compassion & Choices, Philadelphia, PA

2:30 PM — 3:30 PM

Spirituality Awards: AnneMarie Wallace-Flato
In Memory of Emma Josephine Loeffelholz McMorris, RN

3:30 PM

Certificate of Attendance

Please complete and hand in evaluations at the door to receive your certificates.

Featured Speakers



Betty Ferrell, RN, PhD, MA, FAAN, FPCN has been in nursing for 39 years and has focused her clinical expertise and research in pain management, quality of life, and palliative care. Dr. Ferrell is the Director of Nursing Research & Education and a Professor at the City of Hope Medical Center in Duarte, California. She is Principal Investigator of a Research Project funded by the National Cancer Institute on “Palliative Care for Patients with Solid Tumors on Phase 1 Clinical Trials” and Principal Investigator of the “End-of-Life Nursing Education Consortium (ELNEC)” project. Dr. Ferrell is a member of the Board of Scientific Advisors of the National Cancer Institute and was Co-Chairperson of the National Consensus Project for Quality Palliative Care. Dr. Ferrell completed a Masters degree in Theology, Ethics and Culture from Claremont Graduate University in 2007. She is co-author of the text, *The Nature of Suffering and the Goals of Nursing* published in 2008 by Oxford University Press and *Making Health Care Whole: Integrating Spirituality into Patient Care* (Templeton Press, 2010). In 2013 Dr. Ferrell was named one of the 30 Visionaries in the field by the American Academy of Hospice and Palliative Medicine.

Dying Well? Ethical, Spiritual and Legal Dimensions of End-of-Life Care

This presentation will describe the opportunities for integration of palliative care and the role of nurses to address physical, psychological, social and spiritual needs.

Objectives: Describe the context of end-of-life care in the United States; Define the role of the nurses in providing end-of-life care in diverse settings; Discuss strategies and programs to enhance nurses’ abilities to provide holistic care of patients at the end of life.



Colleen Jernigan, PhD, RN, AOCN is a Clinical Administrative Director in the Sarcoma Center at The University of Texas MD Anderson Cancer Center and an Adjunct Faculty member at the Texas Woman’s University. She has over 35 years of nursing experience, primarily in oncology care, and is the co-chair of the nursing ethics committee at MD Anderson. Most recently Dr. Jernigan collaboratively developed an educational module on the foundations of ethical nursing practice and presented the work of the nursing ethics committee at the Ethics of Caring National Nursing Ethics Conference in Los Angeles, California in 2015.

Honoring Our Patient, Honoring Our Profession: Ethical Considerations in End-of-Life Care

Dr. Jernigan will identify ethical challenges that nurses face in the delivery of end-of-life care with particular emphasis on the topics of futile care and conflicts between patient-provider-family preferences.

Objectives: Identify ethical challenges nurses face in the delivery of end-of-life care (e.g. futile care, conflict between patient-family-provider preferences); Discuss the relationship between the ANA Code of Ethics and the provision of end-of-life care; Identify strategies to enhance nurses’ abilities to support patient decisions and preferences around end-of-life care.



John Graham, MD, DMin is both a physician and a priest. He is a graduate of Tulane Medical School and served for twenty years as a plastic surgeon in Shreveport, L.A. In 1990, John left the practice of medicine, attended seminary and became an ordained Episcopal priest. He attended Fuller Seminary in Pasadena, CA and received his Master of Divinity degree from the Episcopal Theological Seminary of the Southwest in Austin. In 2001 he received a Doctor of Ministry degree from Seabury-Western Theological Seminary in Evanston, Illinois. For twelve years (1998-2010) John served as Sr. Associate Rector at St. Martin’s Episcopal Church in Houston. At St. Martin’s, John established several ministries: Men’s Covenant Group; a Prayer Ministry Team; a Christian Meditation Group; a Spirituality-in-Art class and the Order of St. Luke the Physician – a lay ministry for healing prayer. He became President/CEO of the Institute for Spirituality and Health in March of 2010.

Final Transitions: Exploring Spiritual Considerations at the End of Life

Dying is a natural part of all living creatures, including humankind. Serious illness and imminent death often inspires people to come to spiritual terms with their lives and becomes a time to re-examine or re-affirm one’s personal faith with the hope of achieving a peaceful death. For this reason, participation in religious rituals can be of importance for terminally ill patients and their families, and the spiritual well-being of the patient may become the primary goal for nurses and other healthcare givers.

Objectives: Discuss diverse spiritual and religious perspectives related to death and dying (e.g. afterlife, reincarnation, heaven, etc...); Define existential suffering and its role at the end of life; Discuss strategies for nurses to assess, dialogue about and seek additional resources for patients’ spiritual needs at the end of life.



Barbara Mancini, RN, MSN was arrested in 2013 and prosecuted in Pennsylvania on the charge of aiding the attempted suicide of her dying 93-year old father after handing him his prescribed morphine four days before his death. A hospice nurse and police ignored his written advanced directives, and he was then hospitalized and treated in defiance of his end-of-life wishes. Barbara’s prosecution lasted a year, during which time it garnered national attention, and it was roundly criticized throughout the media. A judge dismissed the case due to “a lack of competent evidence.” She was interviewed about her case on NPR radio and TV’s 60 Minutes, and presented in a forum at the Cato Institute in Washington DC. She has become a vocal advocate for better care and more end-of-life options. She will discuss her case and the implications for all who are facing end-of-life decisions.

Death, Dying & Decision Making: Legal Considerations at the End of Life

Death is a universal experience, but less than a third of Americans have completed advance directives or have designated a healthcare decision-maker. Barbara Mancini will discuss the legal case that catapulted her into national and global news. Her father was hospitalized and treated in defiance of his verbal and written wishes. Her case illustrates how people are harmed physically and diminished spiritually when their end-of-life care does not align with their values, preferences, and wishes.

Objectives: Describe the current climate for the discussion of death and dying in the United States; Define legal considerations related to death and dying in the United States; Discuss strategies for nurses who encounter patient requests around their end-of-life care that may have legal implications.

Emma Josephine Loffelholz McMorris RN Spirituality Award



Criteria

- SPIRITUALITY** Demonstrates an awareness of the value of spirituality in healthcare.
- COMPASSION** Demonstrates empathy with regard to all levels of diversity in others.
- COMMUNICATION** Demonstrates the ability to communicate to their relative community the value of respecting the spiritual beliefs and practices of others.
- COMMITMENT** Devotes self to the caring of body, mind and spirit.

Emma Josephine Loeffelholz McMorris

lived a vibrant life for 35 years, but the advances in early detection of breast cancer were not available in 1958 when she passed away one month after diagnosis.

As a young woman, Emma was a bright scholar, a tennis player and loved the Opera, performing in her high school Operetta in 1938. She was a 1943 graduate of the school of nursing at St. Anthony's Hospital, Oklahoma City, Oklahoma and served as a member of the Oklahoma Nurses Association and a member of the Beta Sigma Phi Sorority. With the call for nurses during World War II, Emma willingly contributed her skills by joining and serving as an Ensign in the Navy Nurses Corps in the Naval Hospital at San Diego, California from November, 1944 to January, 1946. It was there, while caring for the wounded soldiers, she met Marine Sgt. Sheridan Andrew McMorris, who she married. Emma and Sheridan settled in Boulder, Colorado and she was active in the Altar Society and the Christian Family movement of their church, Sacred Heart of Jesus.

To their six children and the many other lives she touched, Emma's legacy is effervescence for life in tandem with a deep devotion for religion, spiritual care and

caring for others. Emma's love for God and nursing are intertwined in her daughter, AnneMarie McMorris Wallace-Flato's memories. She recalled her mother being the first person to lift her up as a child and pray with her while placing bandages on her tricycle-torn elbows and knees! AnneMarie says, "My mother's presence was one of amazing, gentle grace that filled my soul and created lasting sacred moments that began a life-long yearning for God."

Mrs. Flato believes her mother would want to honor the profession of Nursing as it so often is the gentle listening ear that patients turn to as they cope with the processes of illness and healing—processes that frequently draw upon the spiritual longings of the soul.

Awareness and valuing the spiritual side of a patient's journey will allow nurses to hear expressions of spiritual longings and make referrals for spiritual care, thereby providing more holistic caring moments for patient and healthcare professional alike.

Congratulations to the nominees and finalists and blessings upon each of you in your nursing careers.

Chaplain AnneMarie Wallace-Flato

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